

# OUR LADY OF MOUNT CARMEL

ROMAN CATHOLIC CHURCH · EST 1905

99 BROADWAY, JERSEY CITY, NJ 07306 | 201-435-7080 | OLMCJC.ORG

MARCH 17, 2019 | SECOND SUNDAY OF LENT

El Grupo de Arte y Teatro Cristiano Católico *El Sembrador* les presenta la hermosa obra teatral:

The Catholic Art and Theater Group *El Sembrador* presents the beautiful theatrical work:

## La Ultima Cena – The Last Supper



**FECHA:** sábado, marzo 30 del 2019

**HORA:** 7:00pm, puertas abren a las 6:00pm

**LUGAR:** Salón Parroquial de Nuestra Señora de Monte Carmelo - 99 Broadway, Jersey City, NJ

**ENTRADA:** Gratis

Abra venta de comida en el evento

**DATE:** Saturday, March 30, 2019

**TIME:** 7pm, doors open at: 6:00pm

**PLACE:** Our lady of Mt. Carmel Parochial Hall  
99 Broadway, Jersey City, NJ 07306

**ENTRANCE:** Free

Food will be sold at the event

## PARISH STAFF

REV. PEDRO REPOLLET, Administrator

REV. DANNY PABON, Parochial Vicar | REV. MICHAEL OTUWURUNNE, Weekend Assistant  
EVELYN MAYORGA, Parish Secretary | MRS. CRISTINA GALARZA, Bookkeeper, Administrative Secretary  
MR. SAM FUJII, Music Minister

## MASS SCHEDULE

SAT. VIGIL: 5:00 PM (English) | SUN: 9:00 AM, 12:15 PM (English) 10:30 AM (Español)  
DAILY (CHAPEL) 8:30 AM (English) 7 PM (Español Martes & Jueves)

### MONTHLY

◀ **ESPAÑOL ASAMBLEA:**  
Salon Parroquial; 7PM

◀ **ROSARIAN GROUP:**  
First Sunday, 9am Mass followed by  
meeting / breakfast in the Parish  
Hall.

### SACRAMENT OF RECONCILIATION

◀ Saturdays before 5 PM Mass. Por  
cita, o después de las Misas en  
Español. (Martes & Jueves)

### ROSARY

◀ Monday-Saturday before  
the 8:30 AM Mass.

### ADORATION OF THE BLESSED SACRAMENT

◀ Takes place at St. John the Baptist  
Chapel Tuesday - Friday after the 12:10  
PM Mass until 8PM, Saturday after  
9AM Mass until 5:30 PM, and Sundays  
after 12 Noon Mass until 8 PM

### RELIGIOUS EDUCATION

◀ Takes place at Our Lady of Mt Carmel on  
Sunday mornings. Classes are offered in  
both English and Spanish. Contact Evelyn  
Mayorga or Fr. Danny at 201-435-7080.

### CATHOLIC SCHOOL EDUCATION

◀ The parishes of Jersey City North are  
proud to sponsor quality Catholic  
elementary education at the Middle  
States accredited schools: St. Joseph  
School (201-653-0128) and St.  
Nicholas School (201-659-5948).

### PARISH MINISTRIES

◀ **GRUPO DE ORACION CARISMATICO:**  
Después de las 7 PM Misa todos  
los martes en Mount Carmel.

◀ **ROSARY ALTAR SOCIETY:** Meets after  
9 AM Mass, First Sunday of the month.

◀ **SENIORS CLUB (50+):** Every other  
Wednesday at 12:45 PM at Our  
Lady of Mt. Carmel. Enter through  
parking lot door behind the church,  
then Parish Hall basement.

◀ **ZUMBA FITNESS:** Wednesday  
6:45 - 8:00 PM at Our Lady of Mt.  
Carmel School auditorium, free.

◀ **GRUPO DE PAREJAS:** Cada segundo  
viernes del mes a las 7:30 PM te  
invitamos a participar en nuestro  
"Grupo de Parejas" en Mt. Carmel.  
Para mayor informacion llamar a Sra.  
Carmen Quezada 201-640-1651.

◀ **HOSPITAL VISITATION:** Please notify the  
parish. Hospitals no longer inform us or  
allow us to look up who is in the hospital.

## MASS INTENTIONS

### Saturday, March 16

8:30 am † Kelly Manzo - Arlene Burke  
5:00 pm † John Williams - Viola Macagnano

### Sunday, March 17

9:00 am † Jeremiah Anache - Marie Fox  
10:30 am † Jayden Fondeur - Johanna Negron  
(Spanish)  
12:15 pm † Victor Ramirez - Familia Ramirez  
† Roberto Collins - Joanne Oziemblo

### Monday, March 18

8:30 am † Francesco Torrillo  
-Antonio & Caterina Torrillo

### Tuesday, March 19

8:30 am † Jerry Faugno - Patricia Jackson  
† Jose Amado - Daughter, Evelyn  
7:00 pm † Kay Di Santo  
(Bilingual)

### Wednesday, March 20

8:30 am † Frances Priore Fitzgerald  
-Joann Macagnano

### Thursday, March 21

8:30 am † Kay Di Santo  
-Gerard & Cheryl Dell'Orto  
7:00 pm † For the People  
(Spanish)

### Friday, March 22

8:30 am † Kay Di Santo - Carol Piszko

### Saturday, March 23

8:30 am † Donald Le Francois - Joanne Oziemblo  
5:00 pm † Robert J. Brown - Joann Macagnano

### Sunday, March 24

9:00 am † Anthony Matticola  
- Marie & Dennis Lindabury  
10:30 am † Richard Ortega - Familia  
12:15 pm † Anna Lo Presto - Edith Duane

## SYMPATHY

Please pray for the recently deceased members of our parish, especially **KAY DISANTO**. May our Lord Jesus Christ grant them eternal rest and may perpetual light shine upon them.

## EUCARISTIC BREAD & SACRAMENTAL WINE

The hosts and wine used during the week were donated in memory of

**FR. MICHAEL SANTORO**  
offered by the People.

## SANCTUARY LAMP

The church sanctuary lamp was donated this weekend in memory of

**FR. HECTOR GALVIS**  
offered by the People

## PARISH News

On March 19th OLMC will be celebrating the Feast of St. Joseph with a bilingual mass at 7:00PM. The bilingual mass will be followed by light refreshments with the traditional Italian St. Joseph's pastry (Zeppole di San Giuseppe). All are welcome!!

Fr. Danny has begun a free four-week Lenten course entitled **The Eucharist: The Union between Heaven and Earth**. The class will meet at 7:00 PM in St. John the Baptist Chapel on March 11,19,25, and April 1, 2019. All are welcome!

Fr. Danny ha comenzado curso de Cuaresma gratuito de cuatro semanas titulado **La Euca-rística: La Unión entre el Cielo y la Tie-rra**. Las clases son a las 7:00 PM en la iglesia de Monte Carmelo en Marzo 21, 28 y Abril 4. Todos son bienvenidos!!

**Trip to Wildwood** will be Sunday, September 8 to Thursday September 12. The cost is \$430opp/ dbl, price includes round trip bus transportation, accommodation at The Aqua Beach Hotel, 4 full breakfasts, 4 superb dinners, spectacular entertainment, visit to Atlantic City, ice cream social, afternoon pizza party, visit to Cape May, Historic Smithville. For more information please call 201-747-6941.

Nuestro retiro de Cuaresma sera Marzo 17, 2019 a la 1:00PM. Rev. Kevin Valle nos acompañará.

Nuestro Via Crucis comenzará viernes, Marzo 15,22,29, Abril 5 y 12 a partir de las 7:15PM. Tendremos alabanzas, meditacion y adoración. También se escucharán confesiones.

## STEWARSHIP OF TREASURY

WEEKLY COLLECTION AMOUNT  
NEEDED TO MAKE BUDGET: **\$2,800**

The weekend of 3/9-3/10

WEEKLY OFFERTORY	\$2,307
ASH WEDNESDAY COLLECTION	\$625

Your good stewardship makes a difference.

Thank you!

## SUNDAY PASSAGE:

From the shining cloud  
the Father's voice is heard:  
This is my beloved Son, hear him.  
**(MATTHEW 17:5)**

## COMMUNITY Announcements

Cardinal Joseph W. Tobin, D.Ss.R., will lead a Lenten Prayer Service for the Survivors of Sexual Abuse and for the people of the Church, Thursday, March 28, 2019 at 7:30 PM at the Cathedral Basilica of the Sacred Heart, Newark, NJ. All are encouraged to gather as one for the healing, reconciliation, and justice; for solidarity with the victims; and for the solidarity in the Church.

Apartments available for rent at **Grandview Terrace, Inc.**, a senior citizen complex. All apartments include the following: heat, hot water, electric, refrigeration, blinds and central air. A laundry room and recreation room are also on the premises. For more information, call 201-792-4918, email [grandviewterrace@verizon.net](mailto:grandviewterrace@verizon.net) or come in to pick-up an application at 3060 Kennedy Blvd.

On Sunday, March 24, 2019, there will be a 10-mile Stations of the Cross pilgrimage procession through the streets of Union and Essex Counties. The pilgrimage will begin at the Archdiocesan Shrine of St. John Paul II in Linden and terminate at Most Sacred Heart of Jesus Cathedral in Newark, NJ. The pilgrimage will leave The Archdiocesan Shrine at 10:00 am, and will continue through Elizabeth and into Newark. The pilgrimage will culminate with Mass at around 5:00 pm, celebrated by Most Reverend Bishop Manuel A. Cruz, Pastor of the Most Sacred Heart of Jesus in Newark.

# The History of Lent

Lent is a special time of prayer, penance, sacrifice and good works in preparation of the celebration of Easter. In the desire to renew the liturgical practices of the Church, The Constitution on the Sacred Liturgy of Vatican Council II stated, "The two elements which are especially characteristic of Lent — the recalling of baptism or the preparation for it, and penance — should be given greater emphasis in the liturgy and in liturgical catechesis. It is by means of them that the Church prepares the faithful for the celebration of Easter, while they hear God's word more frequently and devote more time to prayer" (no 109). The word Lent itself is derived from the Anglo-Saxon words lencten, meaning "Spring," and lenctentid, which literally means not only "Springtide" but also was the word for "March," the month in which the majority of Lent falls.

**S**ince the earliest times of the Church, there is evidence of some kind of Lenten preparation for Easter. For instance, St Irenaeus (d 203) wrote to Pope St Victor I, commenting on the celebration of Easter and the differences between practices in the East and the West: "The dispute is not only about the day, but also about the actual character of the fast. Some think that they ought to fast for one day, some for two, others for still more; some make their 'day' last 40 hours on end. Such variation in the observance did not originate in our own day, but very much earlier, in the time of our forefathers" (Eusebius, *History of the Church*, V, 24). When Rufinus translated this passage from Greek into Latin, the punctuation made between "40" and "hours" made the meaning to appear to be "40 days, twenty-four hours a day." The importance of the passage, nevertheless, remains that since the time of "our forefathers" — always an expression for the apostles — a 40-day period of Lenten preparation existed. However, the actual practices and duration of Lent were still not homogenous throughout the Church.

**L**ent becomes more regularized after the legalization of Christianity in AD 313. The Council of Nicea (325), in its disciplinary canons, noted that two provincial synods should be held each year, "one before the 40 days of Lent." St Athanasius (d 373) in his "Festal Letters" implored his congregation to make a 40-day fast prior to the more intense fasting of Holy Week. St Cyril of Jerusalem (d 386) in his Catechetical Lectures, which are the paradigm for our current RCIA programs, had 18 pre-baptismal instructions given to the catechumens during Lent. St Cyril of Alexandria (d 444) in his series of "Festal Letters" also noted the practices and duration of Lent, emphasizing the 40-day period of fasting. Finally, Pope St Leo (d 461) preached that the faithful must "fulfill with their fasts the Apostolic institution of the 40 days," again noting the apostolic origins of Lent. One can safely conclude that by the end of the fourth century, the 40-day period of Easter preparation known

as Lent existed, and that prayer and fasting constituted its primary spiritual exercises.

**O**f course, the number "40" has always had special spiritual significance regarding preparation. On Mount Sinai, preparing to receive the Ten Commandments, "Moses stayed there with the Lord for 40 days and 40 nights, without eating any food or drinking any water" (Ex 34:28). Elijah walked "40 days and 40 nights" to the mountain of the Lord, Mount Horeb (another name for Sinai) (1 Kgs 19:8). Most importantly, Jesus fasted and prayed for "40 days and 40 nights" in the desert before He began His public ministry (Mt 4:2).

**O**nce the 40 days of Lent were established, the next development concerned how much fasting was to be done. In Jerusalem, for instance, people fasted for 40 days, Monday through Friday, but not on Saturday or Sunday, thereby making Lent last for eight weeks. In Rome and in the West, people fasted for six weeks, Monday through Saturday, thereby making Lent last for six weeks. Eventually, the practice prevailed of fasting for six days a week over the course of six weeks, and Ash Wednesday was instituted to bring the number of fast days before Easter to 40. The rules of fasting varied. First, some areas of the Church abstained from all forms of meat and animal products, while others made exceptions for food like fish. For example, Pope St Gregory (d 604), writing to St Augustine of Canterbury, issued the following rule: "We abstain from flesh, meat, and from all things that come from flesh, as milk, cheese and eggs." Nevertheless, I was always taught, "If you gave something up for the Lord, tough it out. Don't act like a Pharisee looking for a loophole." Second, the general rule was for a person to have one meal a day, in the evening or at 3 pm.

These Lenten fasting rules also evolved. Eventually, a smaller repast was allowed during the day to keep up one's strength from manual labor. Eating fish was allowed, and later eating meat was also allowed through the week except on Ash

Wednesday and Friday. Dispensations were given for eating dairy products if a pious work was performed, and eventually this rule was relaxed totally. (However, the abstinence from even dairy products led to the practice of blessing Easter eggs and eating pancakes on Shrove Tuesday, the day before Ash Wednesday.)

**O**ver the years, modifications have been made to the Lenten observances, making our practices not only simple but also easy. Ash Wednesday still marks the beginning of Lent, which lasts for 40 days, not including Sundays. The present fasting and abstinence laws are very simple: On Ash Wednesday and Good Friday, the faithful fast (having only one full meal a day and smaller snacks to keep up one's strength) and abstain from meat; on the other Fridays of Lent, the faithful abstain from meat. People are still encouraged "to give up something" for Lent as a sacrifice. (An interesting note is that technically on Sundays and solemnities like St Joseph's Day (March 19) and the Annunciation (March 25), one is exempt and can partake of whatever has been offered up for Lent.

**N**evertheless, I was always taught, "If you gave something up for the Lord, tough it out." Don't act like a Pharisee looking for a loophole." Moreover, an emphasis must be placed on performing spiritual works, like attending the Stations of the Cross, attending Mass, making a weekly holy hour before the Blessed Sacrament, taking time for personal prayer and spiritual reading and most especially making a good confession and receiving sacramental absolution. Although the practices may have evolved over the centuries, the focus remains the same: to repent of sin, to renew our faith and to prepare to celebrate joyfully the mysteries of our salvation.

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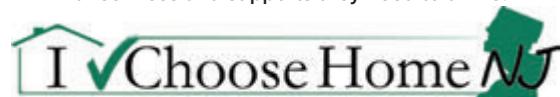
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