

OUR LADY OF MOUNT CARMEL

ROMAN CATHOLIC CHURCH • EST 1905
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MAY 26, 2019 | SIXTH SUNDAY OF EASTER

Can't make it to Mass? Going on vacation, but wish to continue making your weekly contribution?



We now have **PARISH GIVING**, an electronic online Church giving. In just a few minutes, you can greatly enhance your personal stewardship efforts by logging on to ParishGiving.org and begin making your weekly offering through Parish Giving.

1 TO GET STARTED, visit olmcjc.org and click on the Parish Giving logo at the bottom of the webpage. This will take you to the registration page for Our Lady of Mount Carmel.

2 AFTER COMPLETING registration, select from the various contributions. You can access your account at www.parishgiving.org at anytime with your user name and password you created at registration.

3 YOU CAN VIEW YOUR contribution history, edit upcoming contributions and change your billing date and/or billing method if necessary. An easy way to maintain your weekly contribution and at the same time, **all your information will be at your fingertip!**

PARISH STAFF

REV. PEDRO REPOLLET, *Administrator*

REV. DANNY PABON, *Parochial Vicar* | REV. MICHAEL OTUWURUNNE, *Weekend Assistant*
EVELYN MAYORGA, *Parish Secretary* | MRS. CRISTINA GALARZA, *Bookkeeper, Administrative Secretary*
MR. SAM FUJII, *Music Minister* | MR. EFRAIN ORLEANS, *Building Operations & Event Coordinator*

MASS SCHEDULE

SAT. VIGIL: 5:00 PM (English) | SUN: 9:00 AM, 12:15 PM (English) 10:30 AM (Español)
DAILY (CHAPEL) 8:30 AM (English) 7 PM (Español Martes & Jueves)

MONTHLY

- ◀ **ESPAÑOL ASAMBLEA:** Salon Parroquial; 7PM
- ◀ **ROSARIAN GROUP:** First Sunday, 9am Mass followed by meeting / breakfast in the Parish Hall.

SACRAMENT OF RECONCILIATION

- ◀ Saturdays before 5 PM Mass. Por cita, o después de las Misas en Español. (Martes & Jueves)

ROSARY

- ◀ Monday-Saturday before the 8:30 AM Mass.

ADORATION OF THE BLESSED SACRAMENT

- ◀ Takes place at St. John the Baptist Chapel Tuesday - Friday after the 12:10 PM Mass until 8PM, Saturday after 9AM Mass until 5:30 PM, and Sundays after 12 Noon Mass until 8 PM

RELIGIOUS EDUCATION

- ◀ Takes place at Our Lady of Mt Carmel on Sunday mornings. Classes are offered in both English and Spanish. Contact Evelyn Mayorga or Fr. Danny at 201-435-7080.

CATHOLIC SCHOOL EDUCATION

- ◀ The parishes of Jersey City North are proud to sponsor quality Catholic elementary education at the Middle States accredited schools: St. Joseph School (201-653-0128) and St. Nicholas School (201-659-5948).

PARISH MINISTRIES

- ◀ **GRUPO DE ORACION CARISMATICO:** Después de las 7 PM Misa todos los martes en Mount Carmel.
- ◀ **ROSARY ALTAR SOCIETY:** Meets after 9 AM Mass, First Sunday of the month.
- ◀ **SENIORS CLUB (50+):** Every other Wednesday at 12:45 PM at Our Lady of Mt. Carmel. Enter through parking lot door behind the church, then Parish Hall basement.
- ◀ **ZUMBA FITNESS:** Wednesday 6:45 - 8:00 PM at Our Lady of Mt. Carmel School auditorium, free.
- ◀ **GRUPO DE PAREJAS:** Cada segundo viernes del mes a las 7:30 PM te invitamos a participar en nuestro "Grupo de Parejas" en Mt. Carmel. Para mayor informacion llamar a Sra. Carmen Quezada 201-640-1651.
- ◀ **HOSPITAL VISITATION:** Please notify the parish. Hospitals no longer inform us or allow us to look up who is in the hospital.

MASS INTENTIONS

SATURDAY, MAY 25

8:30 AM † Fanny Martinez
- John Arnone & Diane Walsh

5:00 PM † Kay Di Santo
- John Arnone & Diane Walsh

SUNDAY, MAY 26

9:00 AM † Francesco Torrillo- M/M.D. Lindabury
10:30 AM † Acción de gracias por Andrea Atocha
(Spanish) - Familia Atocha

12:15 PM † Kay Di Santo- Joseph Capozzoli

MONDAY, MAY 27

8:30 AM † Francesco Torrillo
- Antonio & Caterina Torrillo

TUESDAY, MAY 28

8:30 AM † Danilo Bitoin- Joanne Oziemblo
7:00 PM Domingo Repollet Sr.
(Spanish) (Living Int. - Health of)

WEDNESDAY, MAY 29

8:30 AM † Michele Torrillo- Geraldine Apruzzese
7:00 PM † For the People
(English)

THURSDAY, MAY 30 ASCENSION OF THE LORD

8:30 AM For the People
7:00 PM Armida Calero (A), Jaime Camacho &
(Spanish) Norma Montalvo - Familia

FRIDAY, MAY 31

8:30 AM † Michele Torrillo
- Thomas, Angela & Family

SATURDAY, June 1

8:30 AM † Guiseppa Apruzzese (A)
- Geraldine Apruzzese

5:00 PM † Kay Di Santo
Marilyn & Sonny Tullo

SUNDAY, June 2

9:00 AM † For the People
10:30 AM † Rosa De Gross - Husband Enrique
(Bilingual) † Kay Di Santo- Pam D'Anna

SYMPATHY

Please pray for the recently deceased members of our parish. May our Lord Jesus Christ grant them eternal rest and may perpetual light shine upon them.

EUCCHARISTIC BREAD & SACRAMENTAL WINE

The hosts and wine used during the week were donated in memory of

FR. MICHAEL SANTORO

offered by the People

SANCTUARY LAMP

The church sanctuary lamp was donated this weekend in memory of

FR. HECTOR GALVIS

offered by the People

PARISH News

- Confirmation will be held on June 2nd at 10:30 AM (Bi-lingual Mass). Bishop Cruz will be presiding. **There will be no 12:15 PM mass.**
- May 30 is Ascension Thursday, a Holy Day of Obligation.** Mt Carmel Mass will be celebrated on Wednesday, May 29 at 7:00 PM in English, and Thursday at 8:00AM in English & 7:00PM in Spanish. All Masses will be in the church.
- La confirmación se llevará a cabo el 2 de Junio a las 10:30 AM** (Misa Bilingüe). El Obispo Cruz presidirá. **No habrá misa de las 12:15 PM.**
- For those that were not listed in the Easter Flowers Dedications:** •Susan Cena •Isabel Cruz for Cruz, Perez & Rivera-Figueroa •Yvelisse Paulino Cruz •Ivonne Lopez for Argentina Lora •Joann Macagnano for Manuel, Rose, Sonny, and baby Manuel Cabrera •M/M Gregory Marzigliano for Carmela Marzigliano & Ester Troisi •Dorothy Minichiello •Mr. Peter Orrico for Angie & Peter Orrico •Ms. Marie Russo for Josie & Tony Migliozi •Aurora Salenga for Jose & Bita Salenga •M/M A. Tullo for Deceased of Tullo-Techhio Families •Diana Varela for Juan de Jesus Varela.
- Our Lady of Mt. Carmel Church welcomes and celebrates the children who were newly baptized this past Sunday:** KATALEYA ACOSTA and ARIANNA GABRIELLA FIALLOS. May God continue to bless you and your families!!
- Office will be closed Monday, May 27 for Memorial Day.**

STEWARDSHIP OF TREASURY

WEEKLY COLLECTION AMOUNT
NEEDED TO MAKE BUDGET: **\$2,800**

The weekend of 5/18-5/19

WEEKEND COLLECTION

\$1,964

Your good stewardship makes a difference. Thank you!

COMMUNITY Announcements

- ◀ **La Arquidiócesis de Newark nos invita a el Día de la Familia "Familias a ser Santos".** Venga con toda su familia a disfrutar de este evento, Sábado, 1 de Junio de 8:00 AM - 1:00 PM en el St. John Paul II Youth Retreat Center en 499 Belgrove Dr. Kearny, NJ. La Santa Eucaristía la celebrará el Cardenal Tobin. **Para mas información se puede comunicar con la oficina del Apostolado Hispano 973-497-4335 o la Oficina de Family Life 973-497-4326.**
- ◀ **Discover the joy of being a hospice volunteer!** If you have a warm heart, a listening ear, and the gift of compassion, you can make a difference in the life of a hospice patient or family member. Barnabas Health is offering training for all individuals interested in becoming hospice volunteers. Training will be provided by members of the Hospice team on 3 consecutive Tuesdays - June 4th, 11th, and 18th from 10 am to 3:00 pm at Barnabas Health Hospice, 80 Main Street, West Orange. Volunteers must attend all 3 sessions. **Advance registration is required. Please contact 973-370-8130 or email volunteer.coordinator@vnahg.org.**
- ◀ **A one-day spiritual retreat for parents who have experienced the death of a child of any age, by any cause, no matter how long ago.** Saturday, June 8, 2019 from 9:30am to 7:30pm at Nostre Dame Roman Catholic Church, 359 Central Ave, Caldwell, NJ 07006. **Space can be limited, please register today www.emfgp.org or call Lauren Egan at 973-497-4327.**

11 THINGS that happen when you commit to going to **CONFESSION** more regularly

By: Ruth Baker via CatholicLink.com | JUNE 22, 2017

As Catholics, we are required to go to Confession once a year, but why stop there? We know Confession can be daunting or difficult, and there might be many reasons why you don't want to go. However, regular Confession, whether it be monthly, every two weeks, or weekly, doesn't have to be scary. In fact, it is life changing and life giving! Here we share 11 amazing things that happen when you go to Confession more often.

1 You Gain a Healthy Knowledge of Your Sin

Regular Confession helps you recognize the little sins as well as the big, dramatic ones. You can see patterns, you can identify seams of weakness. You can pinpoint attitudes, not just actions, that are damaging. Rather than Confession being a once-a-year-momentous shot of grace (which we still encourage!), regular Confession truly allows you to dig deep and get to the root of long-standing habits of sin.

2 You Are More Compassionate with Others' Shortcomings

When you are aware that you commit the same sins again and again, you become far more accepting of other people's failings. The annoying person in the office, the sibling you always argue with, the student you teach that winds you up. All become humanized again. You recognize you have your failings, they have theirs. Like you, they probably have a myriad of different and painful reasons as to why they behave as they do. You are no better than them. They are no better than you.

3 You Can Begin to Forgive Others - Especially Deep Wounds

I'm not suggesting that this one happens immediately, but I have noticed that an increase in regular Confession has helped me begin to find forgiveness for some very painful wounds in my life. When we realize that we ourselves draw comfort and solace from Christ on the Cross, we realize that we don't get to decide who receives the mercy that comes from Jesus' sacrifice. When we really love Jesus, we would never wish His sacrifice to be in vain. We can therefore put the act of forgiveness over those we hate into His hands, setting ourselves free in the process.

4 You Get to Experience a Wide Range of the Church's Ministry

If possible, it is a really good habit to try and seek out a good priest who you can see regularly for Confession. This way he can get to know you and help you see patterns and attitudes over

time. However, making the habit of regular Confession means that you're more likely to feel comfortable popping into a random church that you're passing, or joining the queue at a retreat or Catholic conference, and this way you can experience a wide range of different priests. All priests are different, and though the Sacrament of Confession will be absolutely the same each time, the advice, insight, intuition and penance will be different depending on who you see. This can be really interesting and helpful! Different priests will be able to pinpoint different things, and assure you of God's mercy in ways that you had never thought of before. Don't be afraid of an impromptu Confession with a different priest!

5 You Gain a Working Understanding of God's Mercy

Regular Confession is not intended to make you scrupulous. Rather, when you go to Confession and repeat the same sins again and again, you see that God's mercy is ever fresh, ever new, and always abundant. He is always patient with us.

6 You Become More Patient with Yourself

A priest once told me, "Don't worry about repeating the same sins again and again in Confession - be grateful that there are no new sins to add!" Confession helps us realize what our failings are, and that often, "if it weren't those particular sins, it would be something else." Knowing our sins is always a grace. When we know them, we can ask God to come in and triumph over them. We can be patient, knowing that, in good time, God will heal our wounds.

7 Deep Personal Wounds Start to Heal and Acts of Grace Abound

God always honors someone who persistently and patiently offers up their failings to Him and humbly asks for help. Confession is like cleaning and redressing a wound. The wound may not heal immediately, but it is never going to heal at all if it is not regularly cleaned and carefully redressed. Over time, the repeated cleaning and care for the wound eventually heals it. For years, I mentioned my poor drinking habits in Confession nearly every time I went. I was at a loss to know how to fix my addiction. But I knew I had to mention it each time. Eventually, I was given an amazing moment of grace and I haven't touched alcohol again. The next time I went to Confession I was stunned. I didn't need to mention it! Looking back, I could see how God had worked with me and through me, even when I was in despair at ever being healed.

8 Your Personal Relationship with Jesus Grows

Only a sinner needs a savior. The more we recognize our sin, the more we realize we need a Savior, and the more we need a Savior, the more personal our relationship with Jesus becomes. Confession is a Sacrament, there are few ways that we can meet Jesus more personally than in Confession - and the Eucharist, of course! Christ comes into our soul, sees that we are suffering, acknowledges our humility and sorrow, takes us by the hand, picks us up, dusts us down, and sets us on our feet again "with dignity."

9 Your Reception of the Eucharist is Clarified

The purer the state of our souls, the more we can see clearly. Regular Confession means we are in a better state of grace to receive the Eucharist and can more lovingly, carefully, and reverently welcome Jesus into our hearts, and be far more receptive to His voice in our lives. In knowing His mercy on a regular basis, we grow in love for Him and gratitude for the Institution of the Eucharist which He left us with.

10 You Start to Seek Integrity in All You Do

When you commit to regular Confession, you start to see habits and attitudes which lead to sin. Light gets into the dark places that you'd prefer to stay hidden, but that isn't as scary as it sounds. You start to really want to live your life with integrity in all things, and you see that Confession - and life - isn't about simply "not sinning." It is about living alongside Jesus, so that His heart directs your heart, and all your actions orientate themselves to Him. We find peace when our lives are centered on Him, not on ourselves. That doesn't mean "thinking less of ourselves," but, rather, thinking of ourselves less, and Him more.

11 You Want to Go Back!

When you've committed to regular Confession, you start to notice if you haven't been in a long time. This may not be in any dramatic way, but you might start to notice a dragging feeling, a heaviness of heart, or a sense that things need putting back to rights. Confession is never easy to go to, it's often not a pleasant prospect until it's over, it is hard to do. But regular Confession does make the process easier. It means we are more likely to run into the loving arms of a forgiving Father when we know we've messed up, and it takes away the annual fear-factor of going. We realize how precious a sacrament Confession is, and that we should never take it, or our priests, for granted.

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