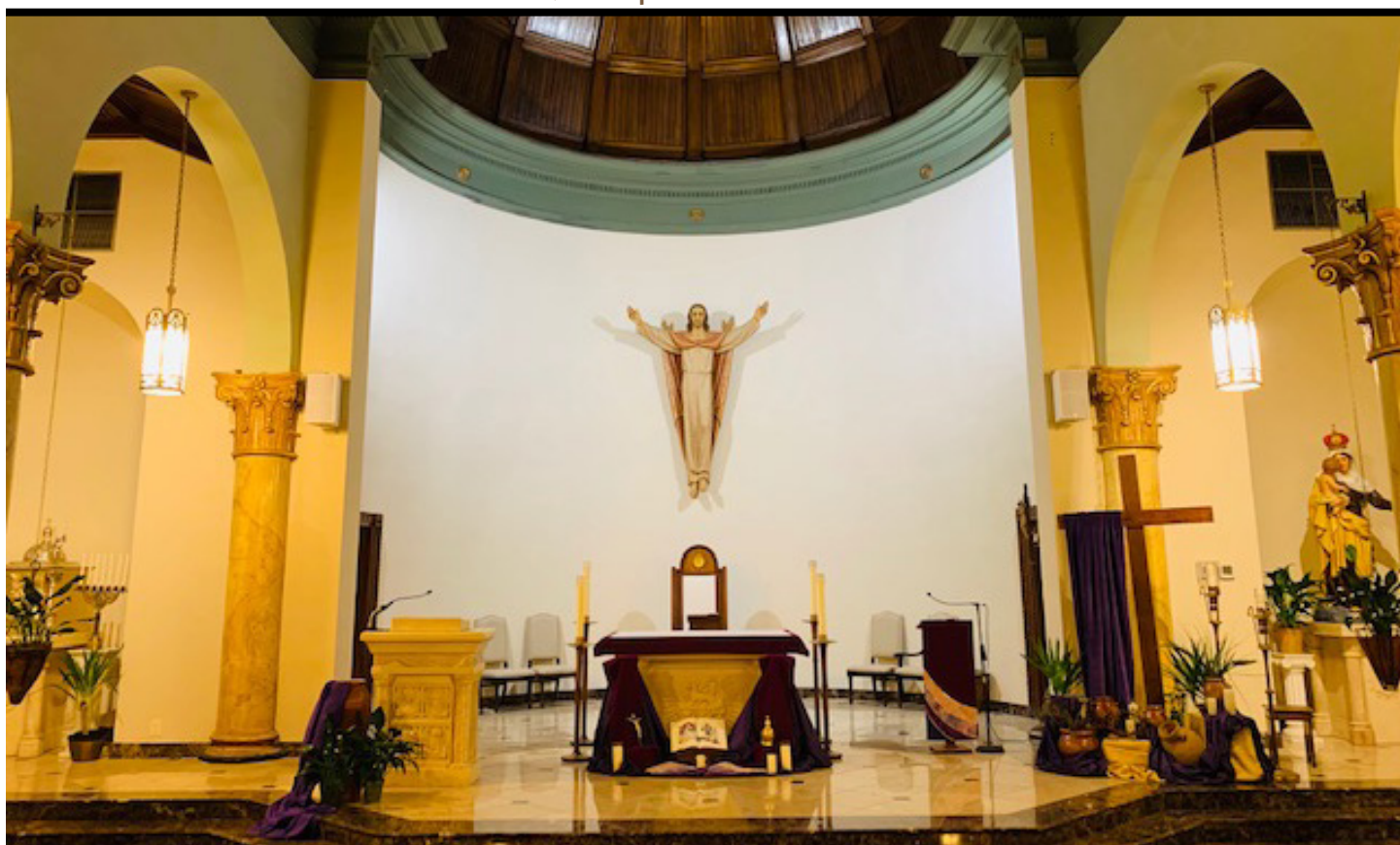


OUR LADY OF MOUNT CARMEL

ROMAN CATHOLIC CHURCH • EST 1905

99 BROADWAY, JERSEY CITY, NJ 07306 | 201-435-7080 | OLMCJC.ORG

MARCH 31, 2019 | FOURTH SUNDAY OF LENT



REV. PEDRO REPOLLET, *Administrator*

PARISH STAFF

REV. DANNY PABON, *Parochial Vicar* | REV. MICHAEL OTUWURUNNE, *Weekend Assistant*
EVELYN MAYORGA, *Parish Secretary* | MRS. CRISTINA GALARZA, *Bookkeeper, Administrative Secretary*
MR. SAM FUJII, *Music Minister* | MR. EFRAIN ORLEANS, *Building Operations & Event Coordinator*

MASS SCHEDULE

SAT. VIGIL: 5:00 PM (*English*) | SUN: 9:00 AM, 12:15 PM (*English*) 10:30 AM (*Español*)
DAILY (CHAPEL) 8:30 AM (*English*) 7 PM (*Español* Martes & Jueves)

MONTHLY

- ◀ **ESPAÑOL ASAMBLEA:** Salon Parroquial; 7PM
- ◀ **ROSARIAN GROUP:** First Sunday, 9am Mass followed by meeting / breakfast in the Parish Hall.

SACRAMENT OF RECONCILIATION

- ◀ Saturdays before 5 PM Mass. Por cita, o después de las Misas en Español. (Martes & Jueves)

ROSARY

- ◀ Monday-Saturday before the 8:30 AM Mass.

ADORATION OF THE BLESSED SACRAMENT

- ◀ Takes place at St. John the Baptist Chapel Tuesday - Friday after the 12:10 PM Mass until 8PM, Saturday after 9AM Mass until 5:30 PM, and Sundays after 12 Noon Mass until 8 PM

RELIGIOUS EDUCATION

- ◀ Takes place at Our Lady of Mt Carmel on Sunday mornings. Classes are offered in both English and Spanish. Contact Evelyn Mayorga or Fr. Danny at 201-435-7080.

CATHOLIC SCHOOL EDUCATION

- ◀ The parishes of Jersey City North are proud to sponsor quality Catholic elementary education at the Middle States accredited schools: St. Joseph School (201-653-0128) and St. Nicholas School (201-659-5948).

PARISH MINISTRIES

- ◀ **GRUPO DE ORACION CARISMATICO:** Después de las 7 PM Misa todos los martes en Mount Carmel.
- ◀ **ROSARY ALTAR SOCIETY:** Meets after 9 AM Mass, First Sunday of the month.
- ◀ **SENIORS CLUB (50+):** Every other Wednesday at 12:45 PM at Our Lady of Mt. Carmel. Enter through parking lot door behind the church, then Parish Hall basement.
- ◀ **ZUMBA FITNESS:** Wednesday 6:45 - 8:00 PM at Our Lady of Mt. Carmel School auditorium, free.
- ◀ **GRUPO DE PAREJAS:** Cada segundo viernes del mes a las 7:30 PM te invitamos a participar en nuestro "Grupo de Parejas" en Mt. Carmel. Para mayor informacion llamar a Sra. Carmen Quezada 201-640-1651.
- ◀ **HOSPITAL VISITATION:** Please notify the parish. Hospitals no longer inform us or allow us to look up who is in the hospital.

MASS INTENTIONS

Saturday, March 30

8:30 am † Kay Di Santo - Joanne Oziemblo
5:00 pm † Fanny Martinez - OLMC Seniors

Sunday, March 31

9:00 am † Silvestri Ferdinandi - Rita & Family
10:30 am † Richard Ortega - Familia
(Spanish)
12:15 pm † Anna Lo Presto - Tom Veswey

Monday, April 1

8:30 am † Francesco Torriello
-Antonio & Caterina Torriello

Tuesday, April 2

8:30 am † Anthony W. Zarejko (B) - Family
7:00 pm Domingo Repollet Sr.
(Spanish) (Living Int. - Health of)

Wednesday, April 3

8:30 am † Kay Di Santo - Dorry Romstedt

Thursday, April 4

8:30 am † Silvestri Ferdinandi (A) - Rita & Family
7:00 pm † For the People
(Spanish)

Friday, April 5

8:30 am † Jerry Faugno - Patricia Jackson

Saturday, April 6

8:30 am † Frances Fitzgerald
- Joanne & Walter Oziemblo
5:00 pm † Donald Le Francois - Dorry Romstedt

Sunday, April 7

9:00 am † Deceased of Rosary / Altar Society
10:30 am † Rosa De Gross - Husband, Enrique
(Spanish)
12:15 pm † Helen Lipska (A)
- Joanne & Walter Oziemblo

SYMPATHY

Please pray for the recently deceased members of our parish. May our Lord Jesus Christ grant them eternal rest and may perpetual light shine upon them.

EUCCHARISTIC BREAD & SACRAMENTAL WINE

The hosts and wine used during the week were donated in memory of

CARMEN TRAINA (A)

Angela & Family

SANCTUARY LAMP

The church sanctuary lamp was donated this weekend in memory of

FR. HECTOR GALVIS

offered by the People

PARISH News

- **Fr. Danny has begun a free four-week Lenten course entitled The Eucharist: The Union between Heaven and Earth.** The class will meet at 7:00 PM in St. John the Baptist Chapel on April 1, 2019. All are welcome!
- **Fr. Danny ha comenzado curso de Cuaresma gratuito de cuatro semanas titulado La Eucaristía: La Unión entre el Cielo y la Tierra.** Las clases son a las 7:00 PM en la iglesia de Monte Abril 4. Todos son bienvenidos!!
- **Trip to Wildwood** will be Sunday, September 8 to Thursday September 12. The cost is \$430pp/ dbl. The price includes round trip bus transportation, accommodation at The Aqua Beach Hotel, 4 full breakfasts, 4 superb dinners, spectacular entertainment, a visit to Atlantic City, ice cream social, afternoon pizza party, visit to Cape May, Historic Smithville. **For more information please call 201-747-6941.**
- From the birthplace of our Lord Jesus Christ, the Christian community is seeking your love and support through obtaining their handmade olive wood religious articles. These items will be displayed at the Church after all the masses **April 6th and 7th.** Your help can and will make a difference in the lives of your brothers and sisters in Bethlehem.
- Nuestro Via Crucis ha comenzado viernes, **Abril 5 y 12 a partir de las 7:15PM.** Tendremos alabanzas, meditacion y adoración. También se escucharán confesiones.
- **OLMC Seniors will meet on Wednesday, April 3** at 12:30pm at the Parish Hall.

STEWARDSHIP OF TREASURY

WEEKLY COLLECTION AMOUNT
NEEDED TO MAKE BUDGET: **\$2,800**

The weekend of 3/23-3/24

WEEKLY OFFERTORY	\$2,065
ST. JOSEPH MASS	\$270

Your good stewardship makes a difference.

Thank you!

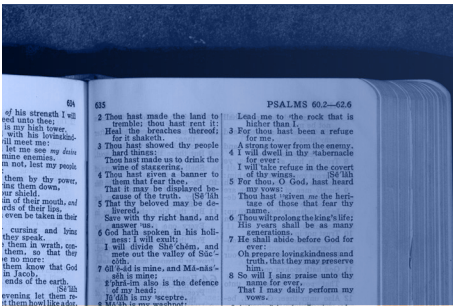
SUNDAY PASSAGE:

*I will get up and go to my Father and shall say to him:
Father, I have sinned against heaven and against you.*

(LUKE 15:18)

COMMUNITY Announcements

- ◀ **Apartments available for rent at Grandview Terrace, Inc.**, a senior citizen complex. All apartments include the following: heat, hot water, electric, refrigeration, blinds and central air. A laundry room and recreation room are also on the premises. **For more information, call 201-792-4918, email grandviewterrace@verizon.net or come in to pick-up an application at 3060 Kennedy Blvd.**
- ◀ **The National Alliance on Mental Illness (NAMI)** of Hudson County will be providing the NAMI Family-to-Family education program for families and caregivers of ADULT individuals living with a mental illness. If you have a loved one living with a mental illness, please join us for this free 12 week program. The program will meet every Wednesday beginning March 20, 2019 thru June 5, 2019 from 6:30 PM to 9:00 PM at Christ Hospital 176 Palisade Avenue, Jersey City. Free parking at the hospital parking facility. Light snacks. **Program and material is FREE. REGISTRATION REQUIRED. To register please contact: Martha Silva at 201-861-0614 or email namihud-son@msn.com**
- ◀ **Catholic Charities of the Archdiocese of Newark: Mary, Mother of Compassion** – Mary has a special love and sensitivity for all of God's children. This was manifested on many occasions, but was most pronounced at the wedding feast of Cana in which she interceded for the bride and groom when the supply of wine was depleted at their celebration. We can imitate sensitivity to the needs of others by donating any unwanted clothing, small appliances, shoes, linens, sheets, towels, stuffed animals, and books (no reference books) to Catholic Charities. The donation bin is located at the Holy Name Cemetery in Jersey City. Thank you.



THE LITURGY OF THE HOURS

WHAT IS THE LITURGY OF THE HOURS? WHAT IS ITS PURPOSE? HOW DO WE PRAY THEM?

The divine office (Liturgy of the Hours) is the set of prayers (Psalms, antiphons, hymns, prayers, biblical readings and others) that the Church has organized to be prayed at certain times of each day.

The divine office is part of the liturgy, and as such, it constitutes with the Holy Mass the public and official prayer of the Church. Its purpose is to consecrate the hours to the Lord, extending the communion with Christ effectuated in the Sacrifice of the Mass. A person who prays the office stops any kind of labor to pray with the Church although one is physically alone. Even though private prayer is undoubtedly necessary, it is also essential that we formally pray together as a Church.

For all clergy, religious and consecrated men and women, the divine office continues to be a formal obligation. Their first task is to pray for the people and on behalf of the people entrusted to them. The ideal is for the clergy to pray with their people.

Although it is not an obligation for the laity, the Church recommends to all the faithful that they pray the divine office. St Pius X, in 1903, strongly urged the Christian people to participate in the divine office. The Second Vatican Council confirmed this recommendation that also appears in the Catechism of the Catholic Church:

“The faithful who celebrate the Liturgy of the Hours are united to Christ our high priest, by the prayer of the Psalms, meditation on the Word of God, and canticles and blessings, in order to be joined with his unceasing and universal prayer that gives glory to the Father and implores the gift of the Holy Spirit on the whole world.” (n 1196)

It also appears in the current canon law: *“Other members of the Christian faithful, according to circumstances, are also earnestly invited to participate in the liturgy of the hours as an action of the Church.”* [Canon 1174 § 2]

THE LITURGY OF THE HOURS IS PRAYED IN DIFFERENT “HOURS” OF THE DAY

The major ones are “Lauds,” which are done in the morning before starting the day, and “Vespers,” in the evening when we return home. Each one requires only about 15 minutes and can be done with all the family.

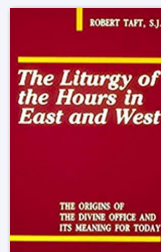
Already the Jews before Christ had the practice of praying at set hours. Jesus himself, as a pious Jew, prayed at this time. In the ninth hour, while hanging on the cross, he prayed the first words of Psalm 22: *“My God, why have you forsaken me?”*

ACCORDING TO THE SACRED SCRIPTURES, WE MUST PRAY WITHOUT CEASING:

- *“Then he told them a parable about the necessity for them to pray always”* (LUKE 18:1)
- Saint Paul teaches to live *“persevering in prayer”* (ROMANS 12:12)
- The Church has always taught the importance of continuous prayer. The Acts of the Apostles presents the testimony of the first Christians: *“All of them persevered in prayer”* (ACTS 1:14)

The divine office is the official way to implement “continuous prayer” in our daily life to maintain constant communion with God. The office, being prayer made as the Body of Christ, is the same breath of the Church and expression of the Christian life that is union with God.

Suggested Book:



The Liturgy of the Hours in East and West:
The Origins of the Divine Office and its Meaning for Today
 BY ROBERT TAFT SJ

THE HOURS OF THE DIVINE OFFICE:

These hours are called “canonical hours.” Remember that it is not necessary for lay people to pray all of them to participate in this prayer.

LAUDS: which means “praises.” It is, along with vespers, one of the main hours.

- ◀ Consists of a hymn, two psalms, a canticle of the Old or New Testament, a short reading of the Bible, the Benedictus, responsories, intercessions, the Lord’s Prayer and a concluding prayer.

MINOR HOURS

- ◀ **TERCE** (MID-MORNING PRAYER): *Third hour after sunrise (approximately 8 AM)*
- ◀ **SEXT** (MID-DAY PRAYER): *Sixth hour (approximately 11 AM)*
- ◀ **NONE** (MID-AFTERNOON PRAYER): *Ninth hour (approximately 2 PM)*

VESPERS: comes from “vesper” which means afternoon. It is the office of the afternoon.

- ◀ Consists of a hymn, two psalms, a canticle of the Old or New Testament, a short reading of the Bible, the Magnificat of the Blessed Mother, responsories, intercessions, the Lord’s Prayer and a concluding prayer.

COMPLINE: night prayers of divine office at bedtime.

- ◀ In the monasteries and seminaries, the antiphons of the Blessed Virgin Mary usually close the office, a custom that dates from the thirteenth century.

OFFICIUM LECTIONIS (OFFICE): prayed daily, commonly known as Matins.

- ◀ Consists of three psalms and two readings, one from the Bible and the other from another source, usually from the Fathers, from the saints or a document of the Church.